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## EFFECT OF GUANYL NUCLEOTIDES ON THE STIMULATION OF ADENYL CYCLASE ACTIVITY IN HUMAN THYROID PLASMA MEMBRANES BY THYROID-STIMULATING HORMONE AND PROSTAGLANDIN E<sub>2</sub>

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### SUMMARY

Thyroid homogenates and thyroid plasma membranes were prepared from human thyroid and the effects of thyroid-stimulating hormone (thyrotropin), NaF, and prostaglandins E<sub>1</sub> and E<sub>2</sub> on adenylyl cyclase activity in these preparations were studied. The basal level of adenylyl cyclase activity in plasma membranes was 5–8 times greater than that of the original homogenates. Adenylyl cyclase activity in plasma membranes was stimulated 4.7-fold by 100 munits/ml of thyrotropin and 5-fold by 10 mM of NaF, but the activity in the homogenates was only stimulated 2-fold by either thyrotropin or NaF. Prostaglandin E<sub>1</sub> ( $10^{-6}$ – $10^{-3}$  M) and prostaglandin E<sub>2</sub> ( $10^{-7}$ – $10^{-4}$  M) failed to stimulate adenylyl cyclase activity in plasma membranes, but they did stimulate adenylyl cyclase activity in the homogenates. A marked stimulatory effect of prostaglandin E<sub>2</sub> ( $10^{-5}$  M) on adenylyl cyclase activity in plasma membranes resumed in the presence of GTP ( $10^{-7}$ – $10^{-4}$  M), although GTP itself only slightly stimulated enzyme activity. GDP and GMP were also effective in this respect, although their potencies varied from compound to compound. GTP potentiated slightly the action of thyrotropin on adenylyl cyclase in plasma membranes, but it significantly depressed an increase of enzyme activity produced by NaF. Since GTP did not affect the ATP-regenerating system, it seems that GTP, GDP or GMP was required for the manifestation of prostaglandin E<sub>2</sub> action on adenylyl cyclases of human thyroid plasma membranes.

### INTRODUCTION

Onaya and Solomon [1] have shown that prostaglandin E<sub>1</sub> markedly enhanced glucose oxidation and colloid droplet formation in canine thyroids in vitro and colloid droplet formation and <sup>131</sup>I release in mice thyroids in vivo. Kaneko et al. [2] have shown that prostaglandin E<sub>1</sub> caused an increase in cyclic AMP concentration in canine thyroid slices. In addition to a high concentration of prostaglandin in the thyroid, these data strongly suggested that prostaglandin may play an important role in the regulation of thyroid function at least in experimental animals. Our previous studies [3,4] have also indicated that prostaglandins apparently acted on isolated bovine thyroid cells to augment adenylyl cyclase activity. However, Wolff and Jones [5] have noted that thyroid stimulating hormone (thyrotropin) stimulated adenylyl cyclase

in bovine thyroid plasma membranes, but that prostaglandin  $E_1$  failed to do so. Since a recent study by Krishna and Harwood [6] has indicated an important role for GTP in the manifestation of the prostaglandin  $E_1$  effect on adenylyl cyclase activity in platelet membranes, it would be useful to investigate if GTP, GDP and GMP similarly play a permissive role in the manifestation of prostaglandin action on adenylyl cyclase activity in thyroid plasma membranes. Because of a possible physiological importance of prostaglandin in the regulation of human thyroid, thyroid plasma membranes were prepared from human thyroid, and the effects of thyrotropin, prostaglandin  $E_1$  and  $E_2$  and NaF on adenylyl cyclase activity were studied in the presence or absence of GTP, GDP and GMP.

## MATERIALS AND METHODS

Human thyroid tissues were obtained from hyperthyroid patients. The patients received methimazole (30–40 mg/day) and excess iodide (10–20 mg/day) for about four weeks before the operation. After removal of the thyroid glands, plasma membranes were prepared by using the method of Emmelot et al. [7] as modified by Yamashita and Field [8]. The plasma membranes thus obtained were suspended in 1 ml  $\text{NaHCO}_3$  (pH 7.5) and stored at  $-20^\circ\text{C}$  until use. Adenylyl cyclase activities of thyroid plasma membranes were measured by the technique originally reported by Krishna et al. [9]. Unless otherwise stated, the incubation medium was a mixture of the following substances: 40 mM Tris-HCl (pH 7.8) containing 1  $\mu\text{Ci}$  [ $\alpha$ - $^{32}\text{P}$ ]ATP, 1 mM ATP, 4 mM cyclic AMP, 3.5 mM  $\text{MgCl}_2 \cdot 6\text{H}_2\text{O}$ , 10 mM theophylline, 0.1% crystalline bovine serum albumin, 20 mM phosphoenol pyruvate, 250  $\mu\text{g}/\text{ml}$  pyruvate kinase and 250  $\mu\text{g}/\text{ml}$  myokinase. 50  $\mu\text{l}$  of incubation medium and 50  $\mu\text{l}$  of plasma membranes (50–100  $\mu\text{g}$  protein) were mixed and incubated for 10 min, at  $37^\circ\text{C}$ . After incubation, 300  $\mu\text{l}$  of the recovery solution containing 10 mM of each nucleotide (ATP, ADP, 5'-AMP, cyclic AMP) and 0.05  $\mu\text{Ci}$  of  $^3\text{H}$ -labeled cyclic AMP were added to the incubation medium, and this mixture was boiled for 3 min to terminate the enzyme reaction. After centrifugation  $^{32}\text{P}$ -labeled cyclic AMP newly produced was purified by the combined methods of an alumina column (0.5 cm  $\times$  2 cm) and a resin column (0.7 cm  $\times$  3.5 cm) as reported previously [10]. The sample was first purified by the alumina column, the method being essentially similar to the method reported by Ramachandran ((1971) *Anal. Biochem.* 43, 227). The sample was then repurified by the resin column, by using the technique reported by Krishna et al. [9]. Protein concentration was measured by the method of Lowry et al. [11], using a standard solution newly prepared each occasion from the stock solution of bovine serum albumin. GTP, GDP and GMP were obtained from Miles Laboratories Inc. (Kankakee, Ill.) and thyrotropin was obtained from Armour Pharmaceutical Co. Prostaglandins  $E_1$  and  $E_2$  were generally supplied by Ono Pharmaceutical Co., Ltd. 1 mg of prostaglandin  $E_1$  and prostaglandin  $E_2$  were each dissolved in 0.1 ml absolute ethanol and 0.9 ml  $\text{Na}_2\text{CO}_3$  (0.2 mg/ml, pH 7.0) was further added. This solution was diluted with buffer to obtain a desired concentration of prostaglandin  $E$ .  $^{32}\text{P}$ [ATP] and  $^3\text{H}$ -labeled cyclic AMP were obtained from the Radiochemical Center (R.C.C., England). Pyruvate kinase (150 units/mg) and myokinase (360 units/mg) were obtained from Boehringer Mannheim Biochemicals. AG 50-WX2( $\text{H}^+$ ) form, 100–200 mesh, was purchased from Bio-Rad Laboratories and activated  $\text{Al}_2\text{O}_3$  for

chromatography was obtained from Kanto Chemical Co. The other reagents were of highest purity available from commercial sources. The analysis of nucleotides after incubation was performed by using thin-layer chromatography [12]. The reaction mixture and carrier nucleotides were applied to recoated polyethylene-imine-impregnated cellulose sheet (Baker Chemical Co.) and developed for 40 min in a solvent solution of 0.3 or 1.0 M LiCl. Each nucleotide was visualized by ultraviolet light, cut out and counted in 10 mM of toluene scintillator fluid.

## RESULTS

### *Effect of thyrotropin, prostaglandin E and NaF on adenyl cyclase activity in thyroid homogenates*

Addition of 50 munits/ml thyrotropin apparently stimulated adenyl cyclase activity in thyroid homogenates as evidenced by a marked increase of  $^{32}\text{P}$ -labeled cyclic AMP newly produced (Fig. 1). 100 munits/ml thyrotropin were less effective than 50 munits/ml thyrotropin in this respect. Prostaglandin  $\text{E}_1$  ( $10^{-6}$  M) and prostaglandin  $\text{E}_2$  ( $10^{-7}$  M) also stimulated adenyl cyclase activity, the magnitude of stimulation being roughly comparable to that produced by 50 or 100 munits/ml thyrotropin. NaF (10 mM) stimulated adenyl cyclase activity to an extent comparable to that produced by thyrotropin and prostaglandin

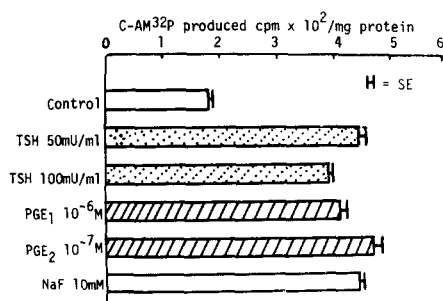


Fig. 1. Effect of thyrotropin (TSH), prostaglandin E (PGE) and NaF on the adenyl cyclase activity in human thyroid homogenates. Each value represents the mean  $\pm$  S.E. of triplicate determinations. 1000 cpm corresponded to 236 pmoles/mg protein.

### *Effect of thyrotropin, prostaglandin E and NaF on adenyl cyclase activity in thyroid plasma membranes*

When the plasma membrane preparation was assayed for adenyl cyclase activity, its specific activity was about 5–8 times greater than that of the original thyroid homogenate. The enzyme activity in plasma membranes was stimulated 3.7-fold by 50 munits/ml thyrotropin and 4.7-fold by 100 munits/ml thyrotropin as compared to the basal level (Fig. 2). Also, the enzyme activity was stimulated 5-fold by 10 mM NaF. In contrast, low and high concentrations of prostaglandin  $\text{E}_1$  ( $10^{-6}$  and  $10^{-3}$  M) and prostaglandin  $\text{E}_2$  ( $10^{-7}$  and  $10^{-4}$  M) failed to stimulate adenyl cyclase activity in plasma membranes.

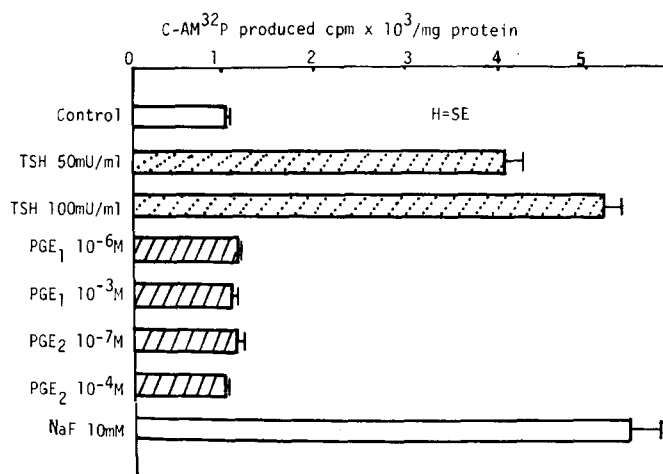


Fig. 2. Effect of thyrotropin (TSH), prostaglandin E (PGE) and NaF on the adenyl cyclase activity in human thyroid plasma membranes. Each value represents the mean  $\pm$  S.E. of triplicate determinations. ATP concentration was  $10^{-3}$  M. 1000 cpm corresponded to 236 pmoles/mg protein.

*Effect of thyrotropin, prostaglandin E<sub>2</sub> and NaF on adenyl cyclase activity in thyroid plasma membranes in the presence of GTP*

As shown in Fig. 3, thyrotropin (50 munits/ml) again stimulated adenyl cyclase activity in the thyroid plasma membranes. NaF (10 mM) also stimulated adenyl cyclase activity in the thyroid plasma membranes, but prostaglandin E<sub>2</sub> ( $10^{-5}$  M)

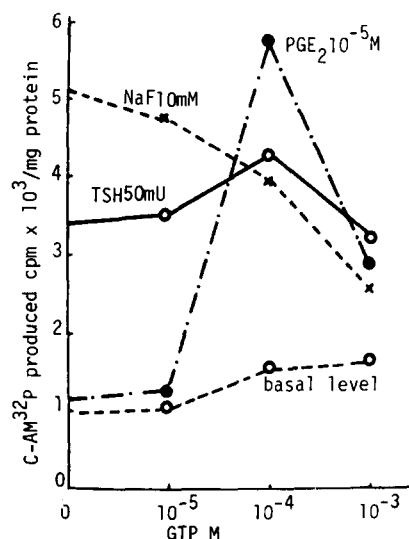


Fig. 3. Effects of GTP on the adenyl cyclase activity in human thyroid plasma membranes in the presence of thyrotropin (TSH) (50 munits/ml), prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) ( $10^{-5}$  M) and NaF (10 mM). The ATP concentration was  $10^{-3}$  M. Each value represents the mean of duplicate determinations. 1000 cpm corresponded to 254 pmoles/mg protein.

failed to stimulate it. Addition of graded doses of GTP produced a progressive increase of adenylyl cyclase activity (basal level), but the magnitude of the increase was quite small. However, when  $10^{-4}$  M of GTP and  $10^{-5}$  M of prostaglandin  $E_2$  were present, adenylyl cyclase activity increased 5-fold as compared to the basal level. A higher dose of GTP ( $10^{-3}$  M) was less effective in this respect. Thyrotropin action on adenylyl cyclase activity was slightly augmented in the presence of  $10^{-4}$  M of GTP. On the other hand, NaF action on adenylyl cyclase activity decreased progressively with increasing doses of GTP.

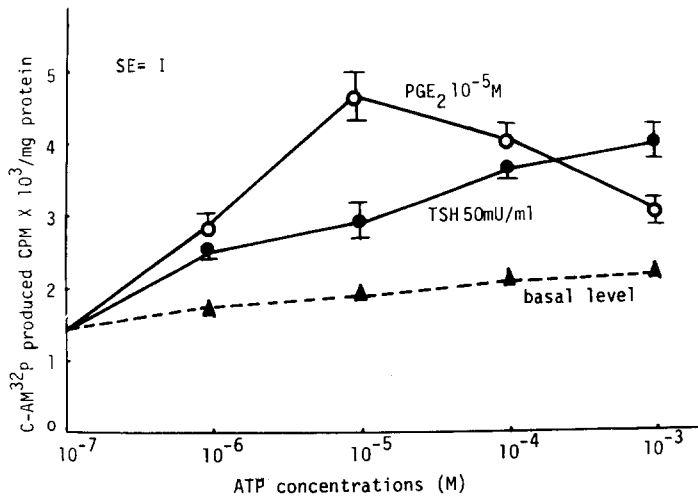


Fig. 4. Effect of various ATP concentrations on the activation of adenylyl cyclase by thyrotropin (TSH) and prostaglandin  $E_2$  (PGE<sub>2</sub>) in human thyroid plasma membranes in the presence of GTP. GTP concentration was  $10^{-4}$  M. Each value represents the mean  $\pm$  S.E. of triplicate determinations. Basal value represents the mean of duplicate determinations. 1000 cpm corresponded to 254 pmoles/mg protein.

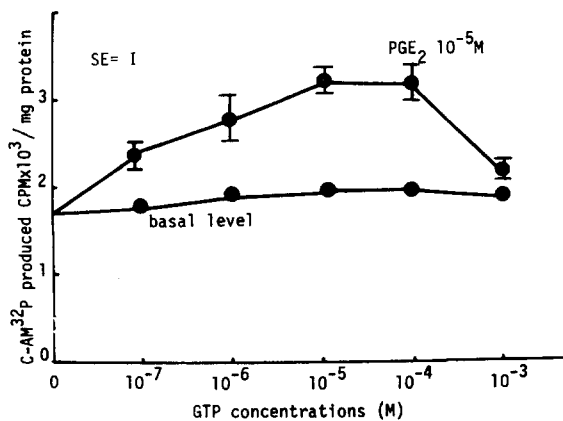


Fig. 5. Effect of GTP on the prostaglandin  $E_2$  (PGE<sub>2</sub>) stimulation of adenylyl cyclase in human thyroid plasma membranes.  $10^{-5}$  M ATP was used as the substrate. Each value represents the mean  $\pm$  S.E. of triplicate determinations. The basal value represents the mean of duplicate determinations. 1000 cpm corresponded to 236 pmoles/mg protein.

In the next step, a further experiment was performed to see if the ATP concentration of the incubation medium would alter the effects of thyrotropin (50 munits/ml) + GTP ( $10^{-4}$  M) and prostaglandin  $E_2$  ( $10^{-5}$  M) + GTP ( $10^{-4}$  M) on adenylyl cyclase activity. Thus, concentrations of ATP from  $10^{-7}$  to  $10^{-3}$  M were tested. As shown in Fig. 4, the effects of prostaglandin  $E_2$  + GTP was maximal at the concentration of  $10^{-5}$  M ATP. In contrast, the effect of thyrotropin + GTP on  $^{32}$ P-labeled cyclic AMP synthesis increased progressively with increasing doses of ATP.

In the third step, the permissive role of GTP on prostaglandin  $E_2$  action was studied by using  $10^{-5}$  M ATP. As shown in Fig. 5, prostaglandin  $E_2$  ( $10^{-5}$  M) effect on  $^{32}$ P-labeled cyclic AMP synthesis was apparent within a wide dose range of GTP used ( $10^{-7}$ – $10^{-4}$  M).

*Effects of prostaglandin  $E_2$  on adenylyl cyclase activity in thyroid plasma membranes in the presence of GTP, GDP and GNP*

The permissive role of three nucleotides on the manifestation of prostaglandin  $E_2$  effect was studied by incubating thyroid plasma membranes for 10 min as shown

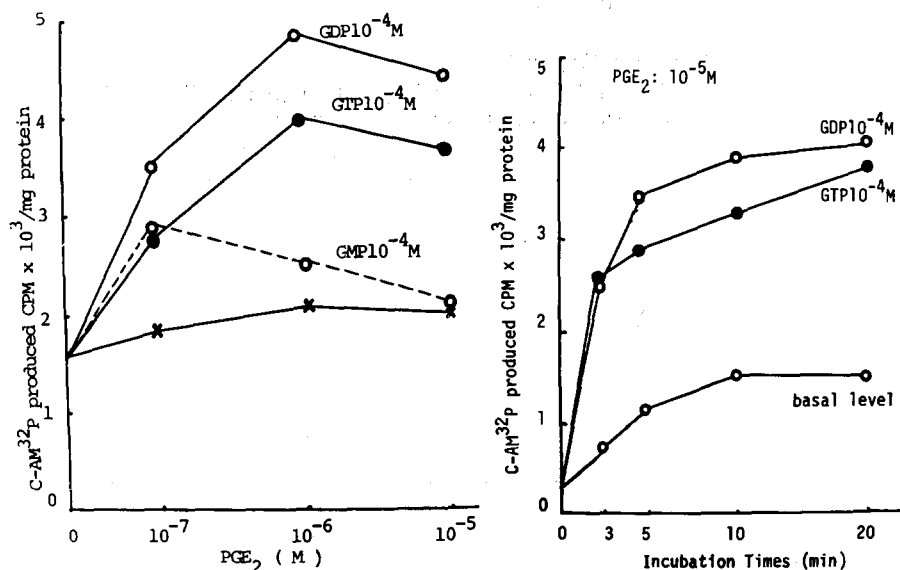


Fig. 6. Effects of guanyl nucleotides on the prostaglandin  $E_2$  ( $PGE_2$ ) dose-response curve of adenylyl cyclase activation in human thyroid plasma membranes. Thyroid plasma membranes were incubated for 10 min in the presence of prostaglandin  $E_2$  ( $10^{-7}$ – $10^{-5}$  M) or prostaglandin  $E_2$  + guanyl nucleotides ( $10^{-4}$  M). ×—×, prostaglandin  $E_2$ ; GMP ( $10^{-4}$  M), prostaglandin  $E_2$  + GMP ( $10^{-4}$  M); GDP ( $10^{-4}$  M), prostaglandin  $E_2$  + GDP ( $10^{-4}$  M); GTP ( $10^{-4}$  M), prostaglandin  $E_2$  + GTP ( $10^{-4}$  M). Each value represents the mean of duplicate determinations. The ATP concentration was  $10^{-3}$  M. 1000 cpm corresponded to 236 pmoles/mg protein.

Fig. 7. Effect of prostaglandin  $E_2$  ( $PGE_2$ ) on adenylyl cyclase activation in human thyroid plasma membranes in the presence of guanyl nucleotides. Basal level, thyroid plasma membranes were incubated for 3–20 min; GTP ( $10^{-4}$  M), thyroid plasma membranes were incubated in the presence of prostaglandin  $E_2$  ( $10^{-5}$  M) and GTP ( $10^{-4}$  M) for 3–20 min; GDP ( $10^{-4}$  M), thyroid plasma membranes were incubated in the presence of prostaglandin  $E_2$  ( $10^{-5}$  M) and GDP ( $10^{-4}$  M) for 3–20 min. ○, the mean value of duplicate determinations. ATP concentration was  $10^{-3}$  M. 1000 cpm corresponded to 236 pmoles/mg protein.

in Fig. 6. In the absence of nucleotides, graded doses of prostaglandin  $E_2$  ( $10^{-7}$ – $10^{-5}$  M) failed to augment  $^{32}\text{P}$ -labeled cyclic AMP synthesis in thyroid plasma membranes significantly. In the presence of guanyl nucleotides, however, prostaglandin  $E_2$  apparently stimulated  $^{32}\text{P}$ -labeled cyclic AMP synthesis. The maximal effect of prostaglandin  $E_2$  was found at prostaglandin  $10^{-7}$  M in the presence of GMP, whereas the maximal effects were found at  $10^{-6}$  M in the presence of GDP and GTP. Furthermore, an increase of  $^{32}\text{P}$ -labeled cyclic AMP was higher at all levels of prostaglandin  $E_2$  concentration in the presence of GDP.

In the next step, thyroid plasma membranes were incubated in the presence of GTP ( $10^{-4}$  M)+prostaglandin  $E_2$  ( $10^{-5}$  M), GDP ( $10^{-4}$  M)+prostaglandin  $E_2$  ( $10^{-5}$  M) or prostaglandin  $E_2$  ( $10^{-5}$  M) for 3–20 min to see the time course of  $^{32}\text{P}$ -labeled cyclic AMP synthesis. Fig. 7 indicates the mean value of duplicate determinations. As compared to prostaglandin  $E_2$  alone (basal level), combined use of prostaglandin  $E_2$ +GTP apparently augmented adenylyl cyclase activity of thyroid plasma membranes throughout the experimental period. Also combined use of prostaglandin+GDP augmented adenylyl cyclase activity of thyroid plasma membranes similarly to prostaglandin  $E_2$ +GTP.

#### *Effect of GTP on ATP-regenerating system*

The effect of GTP in the ATP-regenerating system was studied under experimental conditions similar to those mentioned above. The labeled compounds were identified by comparison with the carriers, and the distribution of  $^{32}\text{P}$  among the nucleotides was calculated by using the data of polyethylene-imine sheet thin-layer chromatography. As shown in Table I, addition of GTP did not influence the distribution patterns of  $^{32}\text{P}$ -labeled adenosine nucleotides.

TABLE I

EFFECT OF GTP ON THE ATP-REGENERATING SYSTEM IN HUMAN THYROID PLASMA MEMBRANES

Nucleotides were isolated as described in Materials and Methods.

Reaction mixture		Distribution of radioactive adenosine nucleotides (%)			
Human thyroid plasma membranes	GTP ( $10^{-4}$ M)	$^{32}\text{P}$ [ATP]	$^{32}\text{P}$ [ADP]	$^{32}\text{P}$ [5'-AMP]	Others
—	—	96.7	2.9	0.2	0.2
+	—	88.6	9.3	1.9	0.2
+	+	88.6	9.0	2.0	0.4

#### DISCUSSION

Our present study indicated that physiological concentrations of prostaglandins  $E_1$  and  $E_2$  can apparently stimulate adenylyl cyclase activity in the homogenate of human thyroid obtained from hyperthyroid patients. Although the data are not included here, a physiological concentration of prostaglandin  $E_2$  can also stimulate

adenyl cyclase activity in normal thyroid homogenates [13]. These findings strongly suggested that prostaglandin E plays an important physiological role in the regulation of thyroid function in man.

As reported previously by Wolff and Jones [5] and by us [4], prostaglandins  $E_1$  and  $E_2$  failed to stimulate adenylyl cyclase activity in bovine thyroid plasma membranes. In agreement with these findings, our present study indicates that prostaglandins  $E_1$  and  $E_2$  fail to stimulate adenylyl cyclase activity in human thyroid plasma membranes. These findings are of considerable interest in assessing the mode of action of several thyroid stimulators for adenylyl cyclase, since prostaglandin E apparently stimulates adenylyl cyclase activity in human as well as bovine thyroid homogenates [14], and since thyrotropin and NaF stimulate adenylyl cyclase activity in thyroid plasma membranes from both sources. A possible explanation would be that some factor(s) necessary for the manifestation of prostaglandin E action is lost during preparative processes of plasma membranes. The study by Krishna and Harwood [6] reported that prostaglandin  $E_1$  apparently resumes its stimulatory action on adenylyl cyclase of platelet plasma membranes in the presence of GTP. A recent study by Rodbell et al. [15] also showed that GTP greatly enhanced glucagon-activated adenylyl cyclase activity of liver plasma membranes. In agreement with these findings, our present study clearly indicates that prostaglandin  $E_2$  can resume its stimulatory effect on adenylyl cyclase of human thyroid plasma membranes in the presence of  $10^{-4}$  M GTP (Fig. 3). However, since the GTP concentration required here was 10- to 100-fold greater than those needed in the study by Rodbell et al. [15], the GTP effect was examined with a concentration of  $10^{-5}$  M ATP rather than with the concentration of ATP generally used ( $10^{-3}$  M). It was shown that the GTP effect on prostaglandin  $E_2$  was manifest in a wide dose range of GTP used ( $10^{-7}$ – $10^{-4}$  M) when  $10^{-5}$  M ATP was used as the substrate (Fig. 5). It was further shown that the effect of prostaglandin  $E_2$  + GTP ( $10^{-4}$  M) on  $^{32}\text{P}$ -labeled cyclic AMP synthesis was maximal at the concentration of  $10^{-5}$  M but the effect of thyrotropin + GTP ( $10^{-4}$  M) on  $^{32}\text{P}$ -labeled cyclic AMP synthesis increased progressively with increasing concentration of ATP. These findings indicated that thyrotropin and prostaglandin  $E_2$  have their different optimal concentrations to manifest their maximal effect on  $^{32}\text{P}$ -labeled cyclic AMP synthesis in human thyroid plasma membranes. Also our present study provided the information that prostaglandin  $E_2$ -stimulated adenylyl cyclase activity in human thyroid plasma membranes in the presence of GDP and GMP. While our study was in preparation, Wolff and Cook [16] reported a similar line of experiment. Although their findings on GTP effect were approximately similar to the one reported here, they were different from ours in two respects: (a) prostaglandin  $E_1$  itself stimulated adenylyl cyclase activity in beef thyroid plasma membranes, (b) the thyrotropin effect on beef plasma membranes was markedly enhanced by GTP, D-GTP and ITP. It is not known whether these differences were due to species specificity or due to a difference of plasma membranes used.

Although it is premature to come to any definite conclusion as to the mechanism of action of GTP, GDP and GMP, a number of possibilities may be considered. It is possible that GTP, GDP and GMP augment the binding of prostaglandin  $E_2$  to its receptor in the plasma membranes and thus facilitate the manifestation of the prostaglandin  $E_2$  effect. However, this does not seem to be the case, since our data [14] indicated that GTP significantly depressed the binding of  $^3\text{H}$ -labeled prostaglandin  $E_2$



to human thyroid plasma membranes. Alternatively, it can be considered that GTP, GDP and GMP manifest the prostaglandin E<sub>2</sub> effect on adenylyl cyclase activity by increasing the substrate, ATP. This hypothesis is not supported by our finding that GTP does not affect the ATP-regenerating system. Using an ATPase-resistant substrate (<sup>32</sup>P[AMP]-*p*-nitrophenol), Krishna and Harwood [6] have also shown that GTP did not augment cyclic AMP concentration by depressing ATPase activity. Further experiments are required to clarify the exact mechanism of action of GTP, GDP and GMP on the prostaglandin E<sub>2</sub> effect in human thyroid plasma membranes.

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